



# WOULD YOU LIKE TO JOIN OUR SWIMMING CLUB?

Garioch Amateur Swimming Club (home club of Olympic Athlete and Commonwealth Gold Medallist Hannah Miley) has vacancies for new members in our Swimming Development Sessions in the 6-11 year old range.

**Trials will be held on Saturday 19th May 2018 at 3.30pm at Inverurie Swimming Centre.**

Applicants should be confident in the water without flotation aids and be able to perform at least:  
1 length (25m) each of front crawl, backstroke and breaststroke for 7-8 year olds,  
2 lengths (50m) for 9-10 year olds and 4 lengths (100m) for 11 year olds.

**Applicants should have completed Level 5 swimming lessons or equivalent.**

**Please contact Sonia Boyd on [GASCsec@gmail.com](mailto:GASCsec@gmail.com) for further information and to register for the trial.**

Find out more about GASC on our website [www.gasc.co.uk](http://www.gasc.co.uk), Facebook and Twitter