



# Aberdeenshire Council Primary School Menus – Autumn & Winter 2015/16

**Week 1** – 26<sup>th</sup> October, 23<sup>rd</sup> November, 21<sup>st</sup> December 2015, 25<sup>th</sup> January, 22<sup>nd</sup> February & 21<sup>st</sup> March 2016

Hover cursor over underscored items and 'click' to view Recipe and Allergen Information



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cook's Choice of Homemade Soup			Cook's Choice of Homemade Soup	
<u>Breaded Fillet of Aberdeenshire Fish</u>  <u>Chicken Curry</u> served with <u>Long Grain Rice</u> and <u>Naan Bread</u>	<u>Homemade Cheese &amp; Tomato Pizza</u> V  <u>Prime Braised Aberdeenshire Steak</u> with a <u>Pastry Square</u>	<u>Roast Chicken with Gravy</u> and <u>Mealie</u>  <u>Panini filled with Cheddar Cheese</u> V served with <u>Seasonal Fruit &amp; Vegetable Bites</u>	<u>Our Butcher's Recipe Pork Sausages</u>  <u>Homemade Beef Lasagne</u> served with <u>Garlic Bread</u>	<u>Our Butcher's Beef Burger in a Bun</u> served with <u>Seasonal Fruit &amp; Vegetable Bites</u>  <u>Chicken Pasta Bake</u>
Garden Peas Chips	Mashed Turnips Vegetable Sticks <u>Mashed Potatoes</u>	Sliced Carrots <u>Roast Potatoes</u>	Baked Beans Sweetcorn <u>Mashed Potatoes</u>	Broccoli Florets Diced Potatoes
<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>
<u>Chicken</u> and/or <u>Cheddar Cheese</u> V <u>Sandwiches</u> served with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Ham</u> and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Pizza Finger</u>	<u>Chicken Wrap</u> and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit &amp; Vegetable Bites</u>	<u>Egg Mayonnaise</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> with <u>Salad Garnish</u> & <u>Melon Wedge</u>	<u>Cheddar Cheese</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit &amp; Vegetable Bites</u>
<u>Ice Cream</u> served with <u>Fruit Salad</u>	<u>Chocolate Brownie</u> served with <u>Custard</u>	<u>Butterscotch Cookie</u> served with a <u>Milkshake</u>	<u>Toffee Banana Cake</u> served with <u>Custard</u>	<u>Homemade Fruit Muffin</u> served with a <u>Glass of Milk</u>

V = Vegetarian

- Bread Basket, Salad Selection, Fresh Fruit, Yoghurts and Cheese and Biscuits are available as part of each day's menu
- When Soup is included on any day's menu this can be enjoyed as an additional course
- Baked Potatoes with Fillings are available to pre-order each morning
- Vegetarian meals are available on request. Medically prescribed diet menus are available by arrangement.

*Serving Aberdeenshire from mountain to sea – the very best of Scotland*



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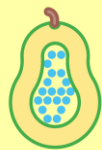
## Week 2 – 2<sup>nd</sup> November, 30<sup>th</sup> November 2015, 4<sup>th</sup> January, 1<sup>st</sup> February, 29<sup>th</sup> February & 28<sup>th</sup>, March 2016



Hover cursor over underscored items and 'click' to view Recipe and Allergen Information

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cook's Choice of Homemade Soup			Cook's Choice of Homemade Soup	
<u>Traditional Chicken Pie</u>	<u>Aberdeenshire Steak Mince</u> with <u>Mealie</u>	<u>Breaded Fillet of Aberdeenshire Fish</u>	<u>Crispy Crumb Turkey Steak in a Bun</u> served with <u>Seasonal Vegetable &amp; Fruit Bites</u>	<u>Our Butcher's Recipe Pork Sausages in Gravy</u> served in a <u>Yorkshire Pudding</u>
<u>Baked Fish Fingers</u>	<u>Traditional Macaroni &amp; Cheese</u> V	<u>Sweet Chilli Chicken</u> served with <u>Long Grain Rice</u>	<u>Stovies</u> served with <u>Oatcakes</u>	<u>Hot Filled Barbecued Chicken Bun</u> served with <u>Seasonal Vegetable &amp; Fruit Bites</u>
Broccoli Florets Baked Beans <u>Mashed Potatoes</u>	Shredded Cabbage Sliced Carrots Boiled Potatoes	Garden Peas Chips	Sliced Beetroot	Sliced Carrots <u>Mashed Potatoes</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Cheddar Cheese</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Chicken</u> and/or <u>Ham Sandwiches</u> served with <u>Salad Garnish</u> & <u>Melon Wedge</u>	<u>Egg Mayonnaise</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Cheddar Cheese Sandwiches</u> V and/or <u>Tuna Mayonnaise Wrap</u> with <u>Salad Garnish</u> & <u>Seasonal Vegetable &amp; Fruit Bites</u>	<u>Ham</u> and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> with <u>Seasonal Vegetable &amp; Fruit Bites</u>
<u>Chocolate Yoghurt Cake</u> served with <u>Custard</u>	<u>Jelly</u> served with <u>Fruit Salad</u>	<u>Homemade Oatie Biscuit</u> served with a <u>Milkshake</u>	<u>Iced Gingerbread</u> served with <u>Custard</u>	<u>Jammy Swiss Roll</u> served with <u>Custard</u>

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**Week 3** – 9<sup>th</sup> November, 7<sup>th</sup> December 2015, 11<sup>th</sup> January, 8<sup>th</sup> February & 7<sup>th</sup> March 2016

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Cook's Choice of Homemade Soup		Cook's Choice of Homemade Soup
<a href="#"><u>Homemade Cheese &amp; Tomato Pizza</u></a> <b>V</b> <a href="#"><u>Ham Tagliatelle</u></a> served with <a href="#"><u>Garlic Bread</u></a>	<a href="#"><u>Traditional Roast Chicken with Gravy</u></a> and <a href="#"><u>Mealie</u></a> <a href="#"><u>Minced Beef Enchilada Wrap</u></a>	<a href="#"><u>Butcher's Hot Dog Sausage in a Bun</u></a> with <a href="#"><u>Tomato Sauce</u></a> served with <a href="#"><u>Seasonal Vegetable &amp; Fruit Bites</u></a> <a href="#"><u>Chicken Curry</u></a> served with <a href="#"><u>Long Grain Rice</u></a> and <a href="#"><u>Naan Bread</u></a>	<a href="#"><u>Breaded Fillet of Aberdeenshire Fish</u></a> <a href="#"><u>Cheese Wheels</u></a> <b>V</b>	<a href="#"><u>Spaghetti Bolognese</u></a> served with <a href="#"><u>Garlic Bread</u></a> <a href="#"><u>Panini filled with Cheddar Cheese &amp; Ham</u></a> served with <a href="#"><u>Seasonal Vegetable &amp; Fruit Bites</u></a>
<a href="#"><u>Sweetcorn Mashed Potatoes</u></a>	<a href="#"><u>Broccoli Florets Roast Potatoes</u></a>	<a href="#"><u>Sliced Carrots Diced Potatoes</u></a>	<a href="#"><u>Baked Beans Sliced Beetroot Chips</u></a>	<a href="#"><u>Garden Peas</u></a>
<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>
<a href="#"><u>Chicken</u></a> and/or <a href="#"><u>Tuna Mayonnaise Sandwiches</u></a> served with <a href="#"><u>Salad Garnish</u></a> & <a href="#"><u>Pizza Finger</u></a>	<a href="#"><u>Ham</u></a> and/or <a href="#"><u>Cheddar Cheese</u></a> <b>V</b> <a href="#"><u>Sandwiches</u></a> served with <a href="#"><u>Salad Garnish</u></a> & <a href="#"><u>Grapes</u></a>	<a href="#"><u>Egg Mayonnaise Sandwiches</u></a> <b>V</b> and/or <a href="#"><u>Chicken Mayo Wrap</u></a> served with <a href="#"><u>Salad Garnish</u></a> & <a href="#"><u>Seasonal Vegetable &amp; Fruit Bites</u></a>	served with <a href="#"><u>Ham</u></a> and/or <a href="#"><u>Tuna Mayonnaise Sandwiches</u></a> <a href="#"><u>Salad Garnish</u></a> & <a href="#"><u>Melon Wedge</u></a>	<a href="#"><u>Cheddar Cheese</u></a> <b>V</b> and/or <a href="#"><u>Tuna Mayonnaise Sandwiches</u></a> served with <a href="#"><u>Salad Garnish</u></a> & <a href="#"><u>Vegetable &amp; Fruit Bites</u></a>
<a href="#"><u>Cracknel</u></a> served with <a href="#"><u>Custard</u></a>	<a href="#"><u>Homemade Lemon Drizzle Muffin</u></a> served with a <a href="#"><u>Milkshake</u></a>	<a href="#"><u>Toffee Sponge</u></a> served with <a href="#"><u>Custard</u></a>	<a href="#"><u>Chocolate Saucy Sponge</u></a> served with <a href="#"><u>Custard</u></a>	<a href="#"><u>Peach Melba</u></a>

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**Week 4** – 16<sup>th</sup> November, 14<sup>th</sup> December 2015, 18<sup>th</sup> January, 15<sup>th</sup> February & 14<sup>th</sup> March 2016

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cook's Choice of Homemade Soup			Cook's Choice of Homemade Soup
<p><u>Our Butcher's Beef Burger in a Bun</u> served with <u>Seasonal Vegetables &amp; Fruit Bites</u></p> <p><u>Sweet &amp; Sour Vegetables</u> served with <u>Noodles</u> V</p>	<p><u>Traditional Chicken Pie</u></p> <p><u>Panini filled with Cheddar Cheese</u> V served with <u>Seasonal Vegetable &amp; Fruit Bites</u></p>	<p><u>Breaded Fillet of Aberdeenshire Fish</u></p> <p><u>Homemade Chicken Lasagne</u> served with <u>Garlic Bread</u></p>	<p><u>Aberdeenshire Roast Beef with Gravy</u> and <u>Mealie</u></p> <p><u>Traditional Macaroni and Cheese</u> V</p>	<p><u>Our Butcher's Recipe Pork Sausages in Gravy</u> served in a <u>Yorkshire Pudding</u></p> <p><u>Chicken Fajita Wrap</u></p>
Sweetcorn	Sliced Carrots <u>Mashed Potatoes</u>	Baked Beans Broccoli Florets Chips	Sliced Beetroot Mashed Turnips <u>Roast Potatoes</u>	Garden Peas Diced Potatoes
<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>
<p><u>Ham and/or Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish &amp; Vegetables &amp; Fruit Bites</u></p>	<p><u>Chicken Sandwiches</u> and/or <u>Tuna Mayonnaise Wrap</u> served with <u>Salad Garnish &amp; Vegetable &amp; Fruit Bites</u></p>	<p><u>Ham and/or Cheddar Cheese</u> V <u>Sandwiches</u> served with <u>Salad Garnish &amp; Melon Wedge</u></p>	<p><u>Egg Mayonnaise</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> with <u>Salad Garnish &amp; Grapes</u></p>	<p><u>Cheddar Cheese</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish &amp; Sausage Bite</u></p>
<u>Iced Sponge</u> served with <u>Custard</u>	<u>Jelly</u> served with <u>Fruit Salad</u>	<u>Sticky Toffee Pudding</u> served with <u>Custard</u>	<u>Homemade Shortbread</u> served with <u>Fruit Salad</u>	<u>Chocolate Crispie</u> served with <u>Custard</u>

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