



SCOTTISH DISABILITY
SPORT

Paralympic Parasport Day

24th June 2016

**Aberdeen Sports Village
10:30 – 14:00**



Introduction & Background

This pack contains information on the Parasport Day where children from your school are being invited to attend.

As I'm sure you will be aware the Paralympic Games will be held in Rio from 7th – 18th September 2016. On the build up to the games we want to give the children experience of a range of Parasports delivered by some of the best coaches in Scotland. We have picked activities where we have great club links so children can continue to enjoy and develop within the sport.

The Parasport days focus is about trying to provide a range of opportunities for children to try exciting sports and all the benefits these sports can provide. Benefits like increased strength and physical fitness. The opportunity to meeting new people and make new friends. This can help increase confidence and develop skills that will help children as they progress in life.

Target Groups

The Parasport day is aimed at children who have a physical disability or sensory impairment from both primary and secondary age groups.

Event Staff

The event will be staffed by Active Schools Coordinators, Sport specific Development Officers, Scottish Disability Sport Regional Development Manager and Club Coaches.

Location

The Parasport day will be held at Aberdeen Sports Village, Linksfield Road, Aberdeen, AB24 5RU

Timings

10:30 – 14:00 on Friday 24th June 2016.

Sports

Athletics, Swimming, Football and Basketball/ Wheelchair Basketball

Refreshments

There is a café at Aberdeen Sport Village but we recommend you bring plenty to drink and a packed lunch

What do we do when we get there?

There will be a registration desk set up outside the games hall where you can sign in for the event. There you will be given a parasport t-shirt to keep and be given your group and timetable for the day.

Guidelines for Pupil Selection

Below is a set of guidelines for pupils who are eligible to take part in the Parasport day

Physical Disability

- Achondroplasia (dwarfism)
- Amputees (including dysmelia)
- Arthrogryposis
- Brittle Bones
- Cerebral Palsy
- Legge-Perthes
- Multiple Sclerosis
- Muscular Dystrophy
- Polio
- Spina Bifida
- Spinal Cord injury

Deaf/Hearing Impairment

Sensory disability relates to an impairment to one (or more) of the sense. An individual may have no hearing (deaf) or a mild impairment to their hearing. Some examples include:

- Tinnitus
- Otosclerosis
- Stickler Syndrome

Blind/Visual Impairment

Sensory disability relates to an impairment to one (or more) of the sense. An individual may have no sight (blind) or a mild impairment to their sight. Some examples include:

- Tunnel vision
- Cortical visual impairment

**Please note that this list is not exhaustive, however it provides a guide.*

There are a number of conditions for which this event is not available:

- ADHD
- Aspergers Syndrome
- Asthma
- Autistic Spectrum
- Cystic Fibrosis
- Diabetes
- Dyspraxia
- Epilepsy
- Haemophilia
- Hydrocephalus
- Obesity
- Scoliosis
- Transplants
- Learning Disability

**Please note that this list is not exhaustive, however it provides a guide*

Booking Form

Pupils Name: _____ Age: _____

Address: _____

Email: _____ Tel: _____

School: _____

Name of person attending with participant: _____

Relationship to participant: _____

Contact Number: _____

Contact Email (if possible) _____

Emergency Contact Details

Name: _____ Number: _____

Relationship to Participant: _____

Please tick the following which best describes your disability:

Physical Disability Visual Impairment Hearing Impairment

Manual Wheelchair User Use walking aids Ambulant

Power Chair user

Please use the space below to share further information about you disability you feel we may need to know to provide the best sporting experience for you

On occasion we may use photographs for promotional materials please tick the box if you do not wish to be photographed

To Book or for further information please contact: Claire McDonald, Regional Development Manager, Scottish Disability Sport email:

claire.mcdonald@scottishdisabilitysport.com or call 07533056564

Scottish Disability Sport, Caledonia House, South Gyle, Edinburgh, EH12 9DQ

Or [apply online here](#)

Closing date for applications Monday 13th June 2016