



Running Holly aged 11



ACTIVE SCHOOLS ABERDEENSHIRE

PRESENTS

2016 MELDRUM NETWORK CROSS COUNTRY RACES

On Saturday 27th February 2016 Active Schools Aberdeenshire will be hosting the inaugural Meldrum Network Cross Country races at Meldrum Academy. Entry is free and the races will take place within the grounds of Meldrum Academy. The races are open to pupils from the Meldrum Network from Primary 1 to S6. Race timings are as follows:

9am Registration opens

10am S4-S6 Meldrum Academy XC Championship 10.25am S1-S3 Meldrum Academy XC Championship

11am P6-P7 11.25am P4-P5 11.40am P1-P3







- Medals will be presented to 1st, 2nd and 3rd in each race.
- Toilets will be available along with hot drinks from Meldrum Academy's Young Enterprise Group.
- Pupils will be competing for their respective schools but please note that participation in this event is not the responsibility of the individual schools and that the responsibility for each pupil remains with their respective parent or guardian throughout the event.
- Numbers will be allocated when each runner attends at the registration desk.
- In the interests of safety please remain outside the course barriers and do not enter the course.
- First Aid will be available throughout the event.
- Any cancellations will be made at one of two times/dates namely;

Course check 3pm on Friday 26th February

Final course check 8am on Saturday 27th February.







Should the event have to be cancelled parents will be notified by:

- 1) Email and text message
- 2) Message on the Meldrum Academy Twitter feed
- The course is primarily on grass with two small sections of tarmac where the course crosses between two areas.
 Given the inherent nature of cross country running and the likelihood that conditions underfoot will be wet/damp, suitable footwear should be worn including spiked running shoes if so wished.
- Parents should be ready to attend at the finish line to collect their children after their respective race.
- Parking will be available in the staff car park and the school bus park. Please refrain from parking on any double yellow lines, non-able bodied parking spaces or grass embankments.
- Marshals will be wearing hi-visibility vests and will be located around the courses.







 Any parent who would like to offer their services as a volunteer marshal will be warmly welcomed. Marshal briefings will take place prior to the each race starting.

COME AND MEET OUR SPECIAL GUEST JOG SCOTTY!!



To receive an entry form please email

malcolm.grant@aberdeenshire.gov.uk





